triphighlights

Trek through forest and rugged coastline of South West Western Australia
Fantastic views along the coast from Conspicuous Cliffs
Valley of the Giants & Tree Tops Walk
Walking amongst some of Australia’s biggest Tingle and Karri Forests
Trip escorted by WWOT Coach

Trip Duration 8 days
Grade Moderate level
Activities Trekking
Accommodation 8 day trip, 7 days trekking, 6 nights camping and 1 night Perth Hotel

why travel with World Expeditions?

World Expeditions Australian Treks have been in continuous operation for more than 30 years, offering economical, reliable, environmentally friendly small group fully inclusive adventure holidays to some of the most beautiful pristine parts of Australia. Our trips cater to people from many walks of life, age groups and motivations. World Expeditions offers more than 30 tailored Australian itineraries that incorporate trekking, walking, rafting, cycling and climbing throughout Australia.
Wild Women On Top Bibbulmun Track

Supported trekking through the forests and beaches of the far south of Western Australia

The Bibbulmun Track is the longest walking trail in Western Australia, winding its way over 900km from the foothills of Perth through Jarrah and Karri Forests to the rugged coastline of Albany. This tour visits some of the most spectacular sections in the forests and coast of the far South-West. We will walk through cool forests of towering Karri trees and massive Tingle trees. We also experience long, lonely stretches of rugged coastline, battered by the unrelenting fury of the Southern Ocean. Traversing ancient granite ridges, we descend on to fields of wildflowers stretching to the horizon. We also trek past isolated coastal wetlands resounding with the chorus of thousands of migratory birds.

This is a vehicle supported walking tour similar in operation to the World Expeditions Larapinta Trek in Central Australia. We have chosen some of the more spectacular sections of the trail, a selection of full-day walks, connected by short drives. While we walk, our support vehicle transfers our gear to the next campsite, and you need carry only a small daypack containing your lunch, a camera, water bottle, etc. From the rocky escarpments that provide exhilarating views, to the tranquility of the tall forests, our flexible itinerary caters for all levels of experience.

Wild Women On Top Team Benefits

When you join a WWOT trip, you become part of an incredible team, and the success of your adventure will depend on the fitness, mental toughness and emotional toughness of EVERY team member. The whole is much greater than the sum of the parts!

Wild Women On Top Adventures are unique mind, body, spirit experiences, which support women in the wilderness and empower them to take on extraordinary challenges with groups of likeminded women. You will be required to prepare for your adventure and we will show you how, every step of the way.

Before you book for a Wild Women On Top Trip, please note the following:

1. You must be a current financial member of Wild Women On Top which connects you to our community.

2. We recommend you train at least 3 times a week, including one Trek Training session, plus two other interval-training sessions, preferably with a WWOT group. Interstate or overseas members should follow training recommendations from “How to Prepare for World Class Treks”.

3. To help our current financial Trek Training members prepare for multi day Treks, we provide additional complimentary trek training sessions during your trip term. This is subject to availability and you must sms the coach in advance to confirm.

4. To ensure both individual and team success, we may require you to participate in a customized team assessment walk. This will enable you to meet your accompanying Coach and team members and ensure that you are appropriately prepared for your adventure. Your coach will give you tips and feedback during and after the assessment as required. Details and costs for this are available on the WWOT website and are in addition to trip costs.

The assessment may be scheduled 40 – 70 days prior to trip departure by your coach. If you fail the assessment and a personalised supplementary assessment, you will not be eligible for the trip and will be subject to the costs incurred according to World Expeditions cancellation policy.

5. To enhance the safety and enjoyment of your adventure, your coach may facilitate a complimentary Gear Education Session at Trek & Travel in Sydney. You will have the opportunity to learn from the experts and receive a 15% discount on your gear.

6. You must agree to uphold the Wild Women On Top Golden Rules (see www.)
wild women on top
bibbulmun track

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wildwomenontop.com) and take responsibility for providing feedback before and during your adventure to ensure that you have the experience you seek. The more you prepare, the greater your chances of success.

7. All WWOT trips are accompanied by a WWOT Coach. The Coach is not a guide or secondary guide, or a first aider. The Coach brings with her the WWOT culture and provides a liaison between World Expeditions and you. She will make every effort to ensure that you have a fabulous adventure.

8. Your accompanying coach strives to be an emotional and motivational support for you. However, at altitude or in extreme situations, your coach may not be able to meet all of your emotional needs. It is your responsibility to seek assistance from other team members and/or the World Expeditions guides in this instance.

9. You must commit to the World Expeditions payment schedule.

10. Wild Women On Top reserves the right to amend these requirements at any time - WWW.WILDWOMENONTOP.COM

at a glance

| DAY 1 | ARRIVE IN PERTH, OVERNIGHT HOTEL IN NORTHBRIDGE |
| DAY 2 | DEPART PERTH, DRIVE TO PEMBERTON, BEGIN TREK (17.5 KM) |
| DAY 3 | WARREN RIVER VALLEY WALK 28.8KM, CAMP CAREY BROOK |
| DAY 4 | WALK MANDALAY BEACH TO REST POINT ROAD 26.7KM |
| DAY 5 | TINGLE FOREST WALK, FRANKLAND RIVER FOREST. TREE TOP WALK (18.2 KM) |
| DAY 6 | NUTS LOOKOUT VIA CONSPICUOUS CLIFFS TO PEACEFUL BAY (25.7 KM) |
| DAY 7 | TO BOAT HARBOUR CAMP (20.7KM) |
| DAY 8 | WALK FROM BOAT HARBOUR TO PARRY’S BEACH 12.7KM, DRIVE TO PERTH |

what’s included

- 7 breakfasts, 7 lunches and 6 dinners
- professional wilderness guide and support staff
- support vehicle
- all group camping equipment, including tents, swags for sleeping, catering and dining utensils
- all National Park, entrance and camping fees
- emergency communications and group first aid kit
- transport from Perth
- Trip escorted by WWOT Coach

detailed itinerary

DAY 1  Arrive in Perth, Overnight hotel in Northbridge

Arrive in Perth and make your own way to the Ibis Acacia Hotel in Northbridge. We will have a pre trek briefing in the lobby at 4pm. Dinner this evening will be at leisure, with many choices among the restaurant district of Northbridge.

meals: NIL

DAY 2  Depart Perth, drive to Pemberton, begin trek (17.5 km)

We pick you up from your accommodation at 7 am. We travel to Pemberton approximately 4 hours drive south of Perth. Our first walk is in the tall forests from Seven Day Road to Channybearup Road via Beedelup Falls (17.5km) We do have options to shorten walk to Beedelup Falls car park.
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fast facts

Countries Visited:
Australia

Private Groups:
Private group options are available for this trip*

Singles:
A single supplement is available for this trip*

Leader:
Expert local leader

Brochure Reference:
Australia, New Zealand, Pacific

responsible travel

The environments we travel through are fragile. It is our responsibility as visitors to minimise the impact of our presence. World Expeditions were the proud recipients of the inaugural Australian National Travel Industry’s Environmental Achievement award for our Responsible Travel Guidebook. This detailed guide to responsible & sustainable travel is provided to all World Expeditions clients before they travel. Please ask your consultant if you have not received your copy of our award winning book. Alternatively, you may like to download a copy from our website www.worldexpeditions.com

trip grading

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the walking terrain, altitude and the length of the trek. This specially designed Bibbulmun Track is graded moderate. This trek involves 6 – 8 hours walking each day over rugged terrain with some steep ascents and descents. In order to complete this trek we advise that you undertake regular three or four times a week for at least three months prior to your departure. Hill walking with a daypack is recommended.

(13.1km). Tonight we will stay in Carey Brook camping area. We set up at the campground where after a delicious meal around the campfire, you will drift off to sleep listening to the chorus of forest wildlife.

meals: B,L,D

DAY 3  Warren River Valley Walk 28.8km, camp Carey Brook

Today is a great stretch of the legs. 28.8km walk through old growth Karri and Jarrah Forest. We start at the famous Gloucester Tree and walk through Moons Crossing, following the River Valley to the Warren River Drive Crossing. We return to our forest campground at Carey Brook.

meals: B,L,D

DAY 4  Walk Mandalay Beach to rest Point Road 26.7km

The coast walking at Mandalay Beach is truly spectacular. In the latter half of the walk we turn inland through giant Tingle forest around Mount Clare. Tonight we will set up at the delightful Peaceful Bay Campground.

meals: B,L,D

DAY 5  Tingle Forest Walk, Frankland River Forest. Tree Top Walk (18.2 km)

Todays big forest walk is from Hilltop Lookout then onto the Giant Tingle tree. From here we continue through the cool forest and some steep terrain to the tranquil Frankland River for lunch. Following the River to the Valley of the Giants we walk to the “Tree Tops Walk”. Here we will experience a birds-eye view of the Tingle and Karri Trees from the elevated walkway before returning to our campsite at Peaceful Bay.

meals: B,L,D

DAY 6  Nuts lookout via Conspicuous Cliffs to Peaceful Bay (25.7 km)

From camp its a short drive to the incredible views of Nuts lookout then following the spectacular coast to Conspicuous Cliffs, if the swell is up we may see the surfers riding one of Australia’s heaviest big wave spots at the offshore bombora. From here we begin possibly the hardest, but for most people the most rewarding section of the track. A series of rocky headlands and white sandy beaches provide a stark contrast to the cool forests of the previous days. Keeping watch for migrating whales, we make our way to Peaceful Bay and our comfortable campsite. This is a very exposed walk, so on hot days plenty of sunscreen, water and a hat are essential.

meals: B,L,D

DAY 7  To Boat Harbour Camp (20.7km)

Today we have the option to do a full pack, trek - its a remote walk crossing Irwin Inlet, then walking next to the unique natural features of Quarram Nature Reserve, before camping at the pretty Boat Harbor.

NOTE: This day will involve an inlet crossing in canoes of Irwin Inlet that will take time to complete (canoes are provided for walkers and stored in shelters on either side of the inlet) There is the option to have this day as a day walk, by adding up to 8km of walking along 4wd access road.

meals: B,L,D

DAY 8  Walk from Boat Harbour to Parry’s Beach 12.7km, drive to Perth

A morning walk with magnificent views of coastline and possibly whales Walk from camp with full packs Walk from Boat Harbour campsite to Parry Beach (12.7km) Lunch at Denmark Bakery then the long drive (5 hours) to Perth. The trip concludes around 5pm with drop-offs at Perth Airport and CBD hotels.

meals: B,L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.
By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

“Expect The Unexpected”. Wild Women On Top Itineraries can change at any time, depending on local conditions, group requirements and weather.

The South West of WA is greatly influenced by the cold Southern Ocean. In October and November temperatures can range between 10 degrees at night and 25 degrees during the day. Rare summer days up to 40 degrees may be experienced and the tour may be modified to suit the conditions on the day.

This adventure is operated solely by World Expeditions. The vehicles we use for transport on our Bibbulmun Treks are Coaster buses. We take a maximum of 16 passengers plus a driver and guide per vehicle. The seating arrangement is forward-facing and air-conditioned. Our vehicles are registered as commercial tourist (passenger carrying) vehicles.

The detailed itinerary that follows indicates the walking distances for each day. Some days are easier than others. We move from valleys to ridgelines, and as such there is a reasonable degree of uphill and downhill climbing. We follow defined trails of the Bibbulmun Track, although we may occasionally take exploratory walks as we attempt to find the best walking in the region.

Our guides are experienced outdoor leaders who will take the time to make you comfortable if you have not been camping before. The guide is responsible for your safety at all times during the trip. Feel free about approaching the guide about anything that may concern you. He/she will be doing everything possible to ensure that you get the most out of the trip. The guide will coordinate every aspect of the tour, including cooking and camp preparation. You are welcome (but not obliged) to assist in things like food preparation, washing dishes and setting up tents. Your participation in these activities will ensure a rewarding trip.

As much as possible we will try to take a leisurely pace, allowing plenty of time to look at the diverse scenery and ecology. It is easy to lose the track in the dark Karri forest, so for safety reasons the group will stay together. Because we will be arriving in camp mid-afternoon most days, you have a few options. If you wish to rest your feet or read a book, this option is always available. However, if you wish to do a bit more, you guide will be more than happy to take you bird-watching, whale spotting, looking at wild flowers or even another walk. There will be some opportunities to swim in the ocean, however on this coastline it is important to take care, the water is cold and large waves and strong rips are common.

On the first night in Perth you will be accommodated in the Ibis Acacia Hotel in Northbridge. This comfortable hotel is in the heart of the cafes and restaurants of Northbridge.

During the trip you camp with swags and tents. You will be experiencing the outback style of camping, so your participation will be appreciated. The guides will prepare all the meals and run the camp, however you will be asked to contribute by putting up your own tents and rolling out swags.

Participation around the camp will make for a more enjoyable experience for everybody. Some nights will be in National Park Campsites with good toilet facilities.

We will have at least 3 nights at Peaceful Bay, a comfortable tourist park in a stunning location on Walpole Inlet. This park offers great facilities including hot showers, laundry facilities and great walks along the shoreline.

If you are travelling alone you will share a tent with someone of the same sex. This tent pairing usually sorts itself out naturally.

A single tent supplement is available on this trip for the additional cost of $50/person.
**pre and post tour accommodation**
Additional nights in Perth can be booked through World Expeditions.

**what you carry**
The Bibbulmun Track is a fully supported trek. You will need to carry just a day-pack with your water bottles, jacket, camera and other personal items. You should plan on carrying at least 3 litres of water every day.
If we choose the full pack over night walk on day 7 and 8 you will need to carry a full pack with tent and food weighing 12-15kg. There will be detailed advice in pre departure information.

**equipment required**
Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

**what’s not included**
- Airfares
- Accommodation in Perth prior and post trip
- Items of personal nature such as laundry and postage
- Backbacks
- Sleeping bags (these can be hired for $20 ea)
- Alcoholic beverages
- Travel Insurance

**info nights**
World Expeditions invites you to attend our inspiring adventure travel slide show events. These special evenings are designed to inform and entertain and are hosted by our most experienced and passionate adventure travellers and mountaineers. Ask our staff for a slide show schedule or register on our website - www.worldexpeditions.com. Shows can fill early so it is important to register your attendance so we know to save a seat, or two!

**private groups**
**WWOT Golden Rules**
1. Stay positive at ALL times
2. T.E.A.M. Together Everyone Achieves More
3. Expect the unexpected
4. If you have a gripe, handle it discretely, or air it politely [Don’t let it fester!]
5. Set challenging adventure goals, write them down, train hard and you will achieve them [No excuses!]
6. Buy quality gear [This will save you money and could save your life]
7. Don’t come home from training or trips tired. Be energized & happy.
8. Leave no trace (The wilderness is sacred!)
9. Bring MORE than you take away. [Including chocolate!]
10. Happy endings guarantee the next leave pass! [this one is secret!]
subscribe to our e-newsletter

Subscribe to our e-newsletter! To keep up to date with our new and exciting adventure opportunities, special promotions and adventure news, subscribe to our monthly enewsletter! You can do this online through our website, www.worldexpeditions.com or contact our office.

trip availability

If this trip seems right for you then we encourage you to call us now to check availability as we operate strictly small group adventures. Many of our adventures require us to secure services on your behalf; such as permits, hotels and flights to name but a few. The demand for these services is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.

how to book

Please note that all reservations are subject to availability at the time of booking. Your booking will be held for seven days pending receipt of a non-refundable deposit per person and the completed booking form. The deposit is payable by cheque (made payable to World Expeditions), credit card or direct deposit.

Please fax or post your completed booking form to:

World Expeditions
Level 5, 71 York St
Sydney 2000
Ph: (02) 8270 8400
Fax: (02) 8270 8401

Important: You must be a financial member of Wild Women On Top to join this tour. Please go to www.wildwomenontop.com, ring 0434 027 912 or email admin@wildwomenontop.com for more details on training and memberships.